

Goal/objective/intention/want/action/need (synonyms)

Actors must make a STRONG choice for your goal (objective) for every given moment in the play. The goal/objective should be stated in a sentence:

I (you as the character) want to _____ (strong action verb) _____ (object of verb).

Adding adverbs and adjectives can strengthen your intention/goal!

For example:

Imagine that you have some need or desire; perhaps you are thirsty or hungry or need some fresh air; whatever it may be, imagine that this felt need grows in you until it is sufficiently strong that you act to satisfy it; you get up and get a drink, or food, or you open a window. You have acted, and by your action you have created an event. You have chosen a goal and figured out tactics to achieve that goal.

“I’m thirsty” is not a playable action – intransitive verb (stage of being)

“I want to get a drink” – better, but is this really your goal or would this be better:

“I want to quench my thirst” – be sure to include the object of your verb.

“I want to immediately quench my horrific thirst” – strong and descriptive

STRONG ACTION VERBS

To reassure	To teach	To frighten
To coax	To tease	To make jealous
To lecture	To force your	To deaden
To plead	companion to leave	To deceive
To discipline	To reject	To calm
To anger	To stall	To arouse
To distract	To make your	To silence
To learn the truth	companion laugh	To comfort
To fluster	To follow	To caress
To flatter	To bore	To incite
To persuade	To confuse	To tease
To question	To upset	To entrance
To humiliate	To excite	To attract
To ignore	To disgust	To entice
To make a pass	To amaze/astound	To trap
To amuse	To irritate	To trick